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Dr. Jane A. Simington, PHD

Dr. Jane A. Simington, PHD, is the owner of both Taking Flight International Corporation and Taking Flight Books and the developer of both the Trauma Recovery and the Grief Support Certification Programs. As a therapist and professor, Dr. Simington combines her professional background in both Nursing and Psychology, with her own experiences of grief, trauma, growth and transformation, along with an extensive knowledge of energy-transfer-healing, dream interpretation, art and guided imagery, to help and heal people of both genders, across the life span, across cultures and nations.



Dr. Simington is a sought-after keynote presenter, focusing on her research and clinical interests in change and transition, dying, grief and trauma, holistic health, personal empowerment, spiritual well-being and team building with spirit. Dr. Jane is committed to giving powerful and impactful presentations that leave her audiences feeling inspired and with a solid take-away message to put into immediate action.

Jane's work is featured in the award-winning films, *Listening to Soul Pain* and *Healing Soul Pain*, on the CD's, *Journey to Healing and Transformation*, *Releasing Ties*, *Shielded With Light*, *Cloaked in Joy*, and *Retrieving Lost Soul Parts*, and in her

internationally bestselling books, *Journey to the Sacred: Mending a Fractured Soul* and *Through Soul's Eyes: Reinventing a Life of Joy and Promise*. Both books are also available in Spanish. Known as the Woman of Hope, Dr. Jane Simington has been honored by Global Television as a Woman of Vision and by the YWCA, as a Woman of Distinction and has received the CARNA Life Time Achievement Award.